

Fall 2005

# LVCC Learner News

## Health Stories Needed

Do you have a story to share about your health that has to do with your English ability? Please share it with your tutor or with the LVCC staff. You or your tutor can write any or all of the answers to the questions on this sheet to get you started.

1. Tell about an experience with a health professional: \_\_\_\_\_  
\_\_\_\_\_

2. What do you do to stay healthy? \_\_\_\_\_  
\_\_\_\_\_

3. How do you feel about your health? \_\_\_\_\_  
\_\_\_\_\_

4. How do you handle stress? \_\_\_\_\_  
\_\_\_\_\_

5. What is 'good' health? \_\_\_\_\_  
\_\_\_\_\_

6. What are your good and bad health habits? \_\_\_\_\_  
\_\_\_\_\_

7. How does healthcare in the US compare to healthcare in your home country? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8. How have you dealt with health emergencies? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Call 556-0313 if you have any questions, or come in to the office: 715 N. Humphreys.

# Thank-you Letter

Please follow the following format to write a letter to thank the Literacy Volunteers supporters (the people who help to pay for the program). Tell them the things that you can do now that you could not do before in English, and then return this form to the LVCC office or to your tutor. Feel free to make your own version of this letter.

Dear Supporters of LVCC,

I would like to thank you for giving me the chance to  
learn to read, write, listen, and/or speak in English  
(circle). These are the things I have learned so far:

---

---

---

---

---

Now I can or now I feel (circle):

---

---

---

---

---

Thanks again,

\_\_\_\_\_ (Your name)

\_\_\_\_\_ (Your signature)



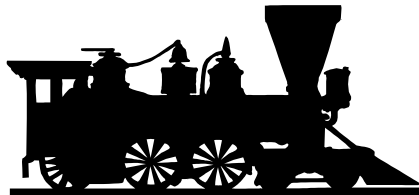
## Free Train Tickets!

On the Grand Canyon Railway

Thursday, Nov. 10th 8 pm



Come to the LVCC office for your free **tickets** on the Grand Canyon Railway's Polar Express! The **train** goes from the **station** in Williams (about thirty miles west of Flagstaff on I-40; exit 163) to the "North Pole." It is great fun for children and adults alike. **Refreshments** are provided, as well as readings of the **classic** children's book *The Polar Express*, and, best of all, everyone can wear their **pajamas**! Be ready to get into the Christmas **spirit**! We have lots of tickets for you, your friends, and your family, so come on in. The tickets are good for the Thursday, November 10th train that leaves at 8:00 pm.



### Family Activity: Shoebox Trains

Children can paint and **decorate** shoeboxes. Add two **wheels** on each side of the shoeboxes with construction paper. String them together. Now you have a train! Put **passengers** in the boxes and give the **cars** names!

<<http://www.childfun.com/modules.php?name=News&file=article&sid=14>>

**Vocabulary:** tickets, train, station, refreshments, classic, pajamas, spirit, decorate, wheels, passengers, cars